

Hello Healthwatch members

We hope this newsletter finds you all well and looking forward to the better weather.

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#### **General Data Protection Regulations**

The prize draw for the £25 gift voucher was won by Sue Fairley from Riverside Retirement Living. She has however very kindly donated it back to us to be drawn again. This time it was won by Andrea Thomson from Age UK Mid Mersey who is going to use it as a raffle prize to raise much needed funds for their charity!

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Join us for lunch at the **'Making the Right Choices'** event.

This is the event we told you about in our March newsletter that was due to happen on 14<sup>th</sup> June. Due to availability of our speakers we have had to change the date.

It's now happening on Tuesday 5<sup>th</sup> June 2018  
at The Totally Wicked Stadium from 12.45pm - 4.00pm.

You'll hear speakers from A&E, the Walk-in-Centre, pharmacies and GP practices, amongst others, around what you can get from these services and when you should use them so that you get the best treatment for your healthcare needs.

Saints RLFC player, Louie McCarthy-Scarsbrook will be making a personal appearance and there will be an opportunity to have your photograph taken with him.

We'll tell you more about the event in our May newsletter.

The event is free to attend and lunch will be provided.

If you would like to attend or require more information please contact:  
Debbie East on 01744 457119 or email: [deast@healthwatchsthelens.co.uk](mailto:deast@healthwatchsthelens.co.uk)

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Don't forget that you can call us on 0300 111 0007 to tell us anything about health & social care in St Helens, compliments or concerns, in confidence - we need your views and experiences! Also please contact us if you would like our Outreach Officer to come out and speak to your group.

Follow us on Twitter @HWStHelens or log on to our website,  
[www.healthwatchsthelens.co.uk](http://www.healthwatchsthelens.co.uk), for more information.

## The Law Is Changing and you only have 6 weeks left to register to carry on receiving this newsletter



From 25th May 2018, for organisations to keep in touch with you, you must complete a consent form.

In simple terms, Healthwatch St Helens needs to get confirmation that you are happy for us to contact you.

If you want to make sure we can keep in touch with you, please make sure you complete our consent/newsletter sign up form now:

If you don't do this before 25th May, you will not receive this newsletter or any other types of communication from us.

<https://www.haltonsthelensvca.org.uk/healthwatch-st-helens-newsletter-sign>

## Wellbeing Enterprises - Programme of Activities - May to June 2018

- ❖ Living Life to the Full - Wednesday 2<sup>nd</sup> May - 9.30am-11am (8 weeks) - The United Reformed Church, King Street, St Helens
- ❖ Walk and Talk your "Happy Place" - Wednesday 2<sup>nd</sup> May - 12.30pm-2pm (4 weeks) - Park Farm ACYP Centre, Carr Mill
- ❖ Sleep and Relax - Friday 4<sup>th</sup> May - 11.30am-1pm (4 weeks) - Peter Street Community Centre, Peter Street, St Helens; also Tuesday 8<sup>th</sup> May - 2.30pm-4pm (4 weeks) - Parr Mount Court, Parr Mount Street, St Helens
- ❖ Wellbeing Booster (Exclusive to CGL) - Friday 4<sup>th</sup> May - 2.30pm-4pm (4 weeks) - CGL, Lincoln House, St Helens
- ❖ Floral Crafts - Monday 4<sup>th</sup> June - 2.30pm-4pm (4 weeks) - United Reformed Church, King Street, St Helens
- ❖ Drum-A-Cise - Tuesday 5<sup>th</sup> June - 9.15am-10.30am (4 weeks) - Peter Street Community Centre, Peter Street, St Helens
- ❖ Join our Wellbeing Network - Tuesday 5<sup>th</sup> June - 2.30pm-4pm (4 weeks) - United Reformed Church, King Street, St Helens
- ❖ Emotional Awareness (Exclusive to St Helens Carers Centre) - Friday 8<sup>th</sup> June - 10am-11.30am (4 weeks) - St Helens Carers Centre, Fishwick House, St Helens

All the above courses are FREE of charge.

For more information or to book on a course please ring: 01928 589799, Email: [info@welleingenterprises.org.uk](mailto:info@welleingenterprises.org.uk); Online: [www.wellbeingenterprises.org.uk](http://www.wellbeingenterprises.org.uk)

## NHS St Helens CCG

St Helens CCG want to find out what you think about the current services available for children in terms of urgent care and community nursing, to identify areas of good practice and find out what they could do differently.

Children's Urgent care: <https://www.surveymonkey.co.uk/r/CUCPC>

Children's Community Nursing: <https://www.surveymonkey.co.uk/r/CCNSParents>

There are surveys available for children/young people to complete and the links to these can be found on the St Helens CCG webpage: [www.sthelensccg.nhs.uk/get-involved/consultation-and-engagement-opportunities/](http://www.sthelensccg.nhs.uk/get-involved/consultation-and-engagement-opportunities/)

The surveys will close on Monday 30<sup>th</sup> April 2018.

  
St Helens Clinical Commissioning Group

## Proposed Closure of Lingholme Branch Surgery, The Surgery, 15 Junction Lane, Sutton, St Helens, WA9 3JN

NHS St Helens Clinical Commissioning Group (CCG) is working with Lingholme Surgery on their proposal to close 15 Junction Lane, Sutton, St Helens, WA9 3JN, which is part of Lingholme Health Centre.

This initial proposal was put forward by the surgery due to a number of factors including:

- Difficulty to fund the staff resources to provide cover at Junction Lane
- This consolidation to one site will help to secure the future of the practice and sustain the service.
- Patients will have more consistent care, improved access to appointments and a wider range of services.

As part of this proposal the CCG is supporting the surgery to carry out engagement with those patients and stakeholders who may be affected by this proposal. The purpose of this engagement is to better understand what this proposal could mean for local patients and other practices. The findings of this engagement will then better inform the proposal development.

Patients who are registered at the practice have received both a letter and frequently asked questions, directly from Lingholme Health Centre to inform them of the proposal and provide them with the opportunity to give feedback via the following channels:

- Survey - available to complete on paper, online and over the phone
- Contact telephone, email and postal address for comments
- Drop in sessions at both surgeries in both the evening and daytime, where patients and carers can go along and ask questions or raise queries regarding this proposal.

If you have any feedback please contact the NHS St Helens CCG engagement team via Email: [engagement@sthelensccg.nhs.uk](mailto:engagement@sthelensccg.nhs.uk) or ring: 01744 457293 no later than 20<sup>th</sup> April 2018 so that it can be included when reviewing the proposal

## Willowbrook Hospice

Would you like to be a friendly face and someone to talk to for those who have been recently bereaved?



Willowbrook Connections Service is looking for friendly team players with transferrable skills to help in providing support to families who have lost a loved one through a life limiting illness.

As a bereavement support volunteer you will provide emotional support, through one to one support or through group support, as required. Always whilst respecting differing backgrounds, culture and belief systems.

This is an excellent opportunity to develop new skills, share expertise and a chance to play a vital role in supporting members of your community through a difficult time. Successful applicants will be supported through monthly supervision sessions, ongoing training and informal support, when needed.

Supporting people through their loss can be challenging but with the right support and training, can also be extremely rewarding. So, if you think you have good communication skills and would like to be a part of this new and growing service, please get in touch and consider volunteering with them.

Full training will be provided and support from the Hospice Team will be available to help you and those you support grow.

All appointments are subject to interview and satisfactory enhanced DBS check and successful completion of a full training course.

Closing date: 27<sup>th</sup> April 2081.

For further information please contact: Jan Barlow (Family Support Therapist) on 0151 430 309 or send an email to [janetb@willowbrookhospice.org.uk](mailto:janetb@willowbrookhospice.org.uk)

Do you have an email address but still receive our monthly newsletter by post? Sharing your email address with us means you can get information quicker and it helps cut down on our costs too.

Sometimes we receive information about events and consultations at the last minute and we can get it out to you in time for you to take part if we can contact you by email. We can also send out information and surveys that are only accessible online.

To tell us you want to receive information in future by email please get in touch at: <https://www.haltonsthelensvca.org.uk/healthwatch-st-helens-newsletter-sign>

**Remember the law is changing. If you do not sign up to receive Healthwatch St Helens emails or postal mailings, then you will not receive this newsletter and could be missing out on something that is important to you!**